INDICATOR: Number of PLHIV reporting they are adherent to medication

STANDARD SECTOR INDICATOR CODE: HE_HIV_229

HEALTH SECTOR ❤

Type: Outcome

Unit of Measure: Individual

PROJECT AREA: HIV/AIDS

Disaggregation: Male by Age:

<1, 1–4, 5–9, 10–14, 15–19, 20–24, 25–29, 30–34, 35–39, 40–44, 45–49, 50+

Female by Age: <1, 1–4, 5–9, 10–14, 15–19, 20–24, 25–29, 30–34, 35–39, 40–44, 45–49, 50+

Related Objective: Increase access to gender-equitable care, support, and treatment for people living with or affected by HIV/AIDS, including orphans and vulnerable children (OVC) and their families (Objective 2)

Precise definitions

PLHIV: People living with HIV. This indicator should only include PLHIV, including pregnant women, children, adolescents, and adults, who are on treatment (antiretrovirals).

Reporting: This indicator is measured through self-reporting by PLHIV participating in an activity with the Volunteer and their counterpart. The activity with PLHIV should be a longer-term activity and not a once-off training. This indicator does not need to be verified by doing a pill count or collecting information from the health facility.

Treatment adherence: taking the correct dosage of medications every time, exactly as prescribed by a health-care provider or recommended by a pharmacist. To successfully halt HIV replication and keep viral load suppressed, HIV medications need to be maintained at high-enough levels in the blood, 24 hours a day, every day. If the drug levels become too low, drug resistance may occur.

Data collection

Tool: Community Care Tracking Sheet. The post or PCV can modify the Excel template as needed.

Frequency of data collection and tracking: Data should be tracked on an ongoing basis as PCVs implement activities. Data should be aggregated and reported based on the post-determined reporting frequency.

Reporting

To report on this indicator, an activity must meet the following criteria:

- Participants are PLHIV.
- Individuals received at least one service during the last three months and will continue to receive services at least once every three months.
- Services were provided by the Volunteer or their counterpart, with Volunteer as co-facilitator, in an individual or small-group setting of 25 or less.
- The activity should promote:

---

1 A PLHIV-care and -support activity may involve more than one encounter with participants to provide ongoing services.
- HIV care retention
- Community ART distribution
- Group or individual adherence support, if on ART

**Note:** Individuals may only be counted once as part of this indicator in a given fiscal year (October–September) but may be counted again in a new fiscal year. If the same individual is eligible for measurement for another indicator, he/she may be counted for that indicator according to the guidelines in that indicator’s reference sheet.