INDICATOR: Number of youth who are able to identify at least two methods of preventing pregnancy

STANDARD SECTOR INDICATOR CODE: HE_YOUTH_268

HEALTH SECTOR 💖

Type: Outcome

Unit of Measure: Youth

PROJECT AREA: Youth Health and Well-Being

Related Objective: Increase the knowledge and skills of youth to improve their health and well-being through health and life skills education and linkages to youth-friendly services (Objective 1)

Precise definitions

Youth: The Youth Health and Well-Being project focuses on young people between the ages of 10 and 19 because this is such a crucial time in terms of developing lifelong behaviors that impact health. Each country may have its own definition for youth and posts can use this definition to align with government reporting and priorities. The age disaggregations should be used to reflect the age of the participants.

Able to identify: The Youth Health Outcomes Survey tool has a set of question related to this indicator in the section on Sexual and Reproductive Health. These questions should be used as a pre-test, post-test, and as a three- to six-month follow-up to assess accurate knowledge. Those individuals answering the questions correctly in the three- to six-month follow-up should be used to calculate this indicator.

Methods of preventing pregnancy:

- Delayed sexual debut: delaying having sexual intercourse for the first time.
- Secondary abstinence: never-married youth who were sexually active but who by choice have not been sexually active in the past year.
- Correct and consistent use of condoms: Consistent use of condoms is defined as always using a condom for every act of vaginal and anal sex during the last reporting period. Correct use of condoms is defined as always using a new latex condom that is not expired, torn, brittle, stiff, or sticky and without any of the following happening during vaginal or anal sex: allowing the penis to touch the vulva or rectum without a condom, taking the condom off before the penis becomes soft, and without flipping it over, condom breakage, or condom slippage or leakage.
- Using a modern method of contraceptives as directed: This includes oral hormonal pills, the intra-uterine device (IUD), the male condom, injectables, the implant (including Norplant), male and/or female sterilization, vaginal barrier methods, emergency contraception, female condom, Lactational amenorrhea method (LAM), Standard Days Method (SDM), Basal Body Temperature (BBT) Method, TwoDay Method, and the Sympto-Thermal Method.
- Using traditional or natural methods: such as withdrawal, the calendar method, or rhythm method.
Definition based on WHO guidance: http://www.who.int/mediacentre/factsheets/fs351/en/

Posts should adapt this list based on availability locally and any additional sensitivities.

**Data collection**

**Tool:** Youth Health Outcomes Survey

The Youth Health Outcomes Survey is intended to be given to youth who participate in a multi-session training focused on Youth Health and Well-Being facilitated by a PCV and their counterpart. This survey tool should be used three times:

1. As a pre-test at the start of the first training session/meeting;
2. As a post-test at the last session/meeting to assess change during the time of the training; and
3. Three to six months after the training/activity has finished to assess whether knowledge is retained.

All youth should be given the pre-test and post-test. Only youth who have attended at least 75 percent of the defined information sessions should be included in the survey three to six months afterward. Therefore, the results of Step 3—the follow-up survey—should be used to calculate this indicator.

If the timing of a PCV’s close of service (COS) or other factors will not allow for this, a survey could be conducted earlier, but some indicators may need to be modified. The survey should be conducted by the PCV and their counterpart or co-facilitator of the group following the instructions provided in the outcomes survey tool closely. The survey should only include the topics that were included in the training on Youth Health and Well-Being. Questions should be removed from the survey if not discussed in the training.

**Reporting**

To be counted for this indicator the following criteria must be met:

- The individuals must have received at least 75 percent of the training sessions and/or information offered on youth health and well-being.
- The information must have been provided by a PCV or their partner in an individual or small group setting with 25 people or less.
- Attendance at each session must be documented by the Volunteer or their partner.
- The individual must be assessed after the conclusion of the intervention using the Youth Health Outcomes Survey tool.

In the VRT, outcome indicators have two fields: “achieved” and “total.” Please enter the total number of individuals who took the survey in the “total” field and the number of individuals who gave the correct answer in “achieved.” The correct answer can be found in the instructions for the outcomes survey.