

Standard Sector Indicator Reference Sheet

INDICATOR: Number of individuals in the household consuming a diet of minimum diversity

STANDARD SECTOR

HEALTH SECTOR 

PROJECT AREA: HIV/AIDS

INDICATOR CODE:

HE_HIV_215

Type: Outcome

Unit of Measure: Individual

Disaggregation: <1, 1–4, 5–9, 10–14 Males, 10–14 Females, 15–17 Males, 15–17 Females, 18+ Males, 18+ Females

Related Objective: Increase the knowledge and skills of people living with or affected by HIV/AIDS, including OVC and their families, to improve their well-being and resilience (Objective 2.1)

Precise definitions

Individuals in the household: a person or a group of persons, related or unrelated, who live together in the same dwelling unit, who make common provisions for food and regularly take their food from the same pot or share the same grain store, or who pool their income for the purpose of purchasing food.

A household should only be included in this indicator if OVC are included in the household, and the OVC, mother, father, or caregiver attended a multisession training on OVC-related support co-facilitated by a PCV and their counterpart.

OVC: children under 18 who are *most affected*¹ by HIV, including:

- Children orphaned due to HIV/AIDS (having lost one or both parents)
- Children directly affected by the disease—which includes children:
 - living with HIV
 - living in a household where there is a person living with HIV (PLHIV) or that has taken in an orphan
 - exposed to HIV (in vitro, during delivery, or during breastfeeding)
- Children vulnerable to HIV or its socioeconomic effects in high-HIV prevalence areas (e.g., adolescent girls and young women at risk)
- Other vulnerable populations as defined by each country and or PEPFAR interagency teams

Diet of minimum diversity: Children are considered to consume a diet of minimum diversity if they consumed at least **five of 10 specific food groups** during the previous day and night. The 10 food groups included in this indicator are:

1. Grains, white roots and tubers, and plantains
2. Pulses (beans, peas, and lentils)
3. Nuts and seeds (including groundnut)

¹ The definition of “affected” children includes, but is not limited to, children living with HIV. The Peace Corps and PEPFAR recognize that individuals, families, and communities are affected by HIV in ways that may hinder the medical outcomes of PLHIV as well as the emotional and physical development of OVC. Please consult PC/post staff for country-specific guidance or prioritized populations defined in the PEPFAR Country Operation Plan.

4. Dairy
5. Meat, poultry, and fish
6. Eggs
7. Dark-green, leafy vegetables
8. Other vitamin A-rich fruits and vegetables
9. Other vegetables
10. Other fruits

For more information, please refer to <http://www.fao.org/3/a-i1983e.pdf> or Feed the Future <https://feedthefuture.gov/sites/default/files/resource/files/FTF-Indicator-Handbook-March-2018.pdf>.

Data collection

Tool: OVC Outcomes Survey

The OVC Outcomes Survey is intended to be given to either the caregiver/parent or OVC who participated in a long-term OVC-focused intervention facilitated by the PCV and their counterpart. The individual should have attended at least 75 percent of the defined sessions to be included in the survey. Data for the outcome indicators should be collected three times over the course of the activity: 1) at the start of the activity, or a pre-test; 2) at the end of the formal activity/sessions, or a post-test; and 3) three to six months after the completion of the activity to measure whether the behavior/knowledge was sustained. If the timing of a PCV's close of service (COS) or other factors will not allow for this, a survey could be conducted earlier if need be. The indicator value from Step 3 (the three- to six-month follow-up) will be recorded in the VRF.

See the OVC Outcomes Survey tool for further instructions.

Reporting

To be counted for this indicator the following criteria must be met:

- The individuals participated in at least 75 percent of the training sessions and/or intervention sessions offered on OVC-related support.
- The information was provided by the PCV or their partner in an individual or small group setting of 25 or less.
- Attendance at each session was documented by the Volunteer or their partner.