

**Indicator: # of parents/caregivers who report improvement in their skills to communicate with their children (YD\_020)**

**YOUTH IN DEVELOPMENT SECTOR** 

**Type:** Outcome

**Unit of Measure:** Parent

**Disaggregation:** Sex: Male, Female  
Age: 15–19, 20–24, 25+

**Outcome Measured:** Parents/Caregivers report improvements in their skills to communicate with their children

**Precise definitions**

**Parent:** A person who cares for a young person’s well-being and development in a home. They ensure youths’ safety and provide for them economically and support their social and emotional development.

**Caregiver:** A person who plays a parental role providing care within a home, who is not a biological parent, such as aunts, uncles, and grandparents.

**Parenting training:** A multisession program to enhance parents’ and caregivers’ skills to communicate and support their children. Topics include youth developmental stages, strategies for increasing quality time, youth participation in family activities, and approaches for positive discipline.

**Data collection**

**Tool:** Pre-/Post-Parenting Skills Tracking Sheet (below).

Where possible, Volunteers should use pre- and post-tests developed by the curriculum being implemented that assess the knowledge and skills of participants.

**Frequency of data collection and tracking:**

**Time 1 (T1)—At the beginning of training with parent.** Volunteers will administer a pre-test to assess the skills knowledge of parents/caregivers (see “Who to measure”). Record the parents’ or caregivers’ names, assessment results, sex, and age in the Parenting Skills Tracking Sheet below.

**Time 2 (T2)—End of training with parent.** Volunteers will administer a post-test to assess whether parents/caregivers have applied the skills learned during the training.

**Who to measure:** For this outcome measurement, Volunteers should only include parents/caregivers in the training.



**Reporting**

**Measuring progress toward the outcome, by sex and age:** A parent/caregiver will report their application of the communication and supports skills. For all those who reach the threshold, place a Y in the cell that corresponds to their sex and age.

- For all those who do not reach the threshold, place an N in the cell corresponding to their sex and age.
- Record the sum of all Ys + Ns for each sex and age in the row titled "TOTAL REACHED" and the sum of Ys only for each sex and age in the row titled "TOTAL ACHIEVED." Report all column totals in the VRF.

**Note: Parents/Caregivers may only be counted as part of the "TOTAL ACHIEVED" once in a Volunteer's service for this indicator. If the same individual is eligible for measurement for another indicator, he/she may be counted for that indicator according to the guidelines in that indicator's definition sheet.**