



## **Special Travel Notice for Panama**

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In accordance with MS 220, Section 3.3.2 (c), PC/Panama is **restricting Volunteer travel to Guna Yala (including areas known as San Blas) Indigenous Province of Panama until further notice due to a Sika epidemic.** The Panamanian Ministry of Health (MINSa) has declared an "epidemiological emergency" in Guna Yala due to the Sika prevalence there. Zika, or Sika, is a disease transmitted by the same mosquito -aedes aegypti- that transmits dengue and Chikungunya, and MINSa advises restricting non-essential travel to Guna Yala.